



Council of Older Persons
Cayman Islands Government

FORUM 3 AUGUST 2024

Ageing in the Cayman Islands

Ageing with dignity



gov.ky/olderpersonscouncil

8:30am

Registration

Coffee or Refreshments / Display Booths available for Viewing / Networking Opportunity

10:00am

Introduction

Welcome Remarks: Karlene Bramwell & Dr. Eryka Simmons, Masters of Ceremony

Opening Prayer: Herbert Crawford, Pastor

Remarks: Lucille Seymour, Chairperson, Council of Older Persons

Official Remarks: Hon. Sabrina Turner, MP - Acting Premier

10:30am

Keynote Speech

Fiona McDougall, Owner & Director of Healthy Futures Ltd.

11:15am

Break

11:30am

Changing Lifestyles and Behaviours of Ageing

Dr. Sunku Guptha, Health City Cayman Islands

12:15pm

Working Lunch

Display Booths available for Viewing / Networking Opportunity

12:45pm

Preparing Your Home for Ageing

Alliana Bagtas, Andrenne Gordon, Occupational Therapists, HSA

1:15pm

Panel Discussion: Ageing Well in the Community

Dr. Lorna Jackson, HSA; Cathy Gomez, Pastoral Counsellor; Dr. Natalie Sharpe, Palliative Care Physician, Jasmine; Armando B. Ebanks, Managing Director & Principal, AIF Corporate Services Ltd

2:00pm

Closing Remarks

Sarah Alice Mae Coe, Deputy Chairperson, Council of Older Persons

Thank you to our sponsors

